



Friday Note

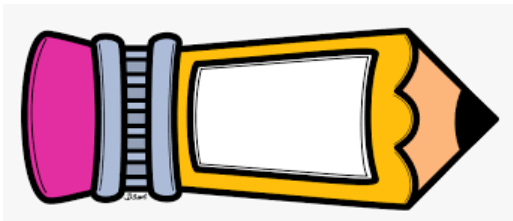
MISSION STATEMENT:
THE MITCHELL ELEMENTARY SCHOOL COMMUNITY PROVIDES AN ENVIRONMENT IN WHICH ALL CHILDREN WILL LEARN AND SUCCEED

<http://mitchell.jeffcopublicschools.org>



@Golden_Mustangs

The Mitchell Friday Note is an important place to be sure you have the current information about what's happening in our school.



Weather Prepared

As the weather gets colder, it is important that students are appropriately dressed to play outside. We go outside almost every day at Mitchell. Sometimes as our Colorado weather makes big swings, students forget coats, hats, sweaters.... Please help label our child's items with their name so we can help get those back to them if they are misplaced.

School Accountability Update

Our Mitchell District Accountability Chair, Emily Tuleja attended a District Accountability meeting recently and gained information on two ballot measures that would have impacts to public education. Read more about those [measures here](#). If you would like more information contact Emily at tulejaeh@gmail.com or visit [Great Education Colorado](#).



New Project

We are excited to share about a new project happening at Mitchell. Many students and families have been asking for several years to expand our Outdoor Eating Area. Mitchell aims to invite students to eat outside on as many days as the weather permits. With our limited area, students rotate through this opportunity by class or groups. Thanks to a generous partnership between the Mitchell PTA and our district facilities department, Phase I of this project has begun. You will notice a new, larger concrete pad for eating with safer steps to the cafeteria door right along the front of our school.

We hope to be able to move forward with Phase 2 (additional picnic tables) and Phase 3 (a permanent shade structure) later this year. Be on the lookout for more information around fundraising for these phases from PTA throughout the year.



Monthly SEL-Share For Parents/Home: 11/3/23

A child's life is mired in change—whether it's a new daycare, school or babysitter, a friend moving away, or new responsibilities at home, kids of all ages face change on a daily basis. Yet, a child thrives when he knows what to expect—even if he doesn't always like it. By creating a structured environment for your child, you can help him feel safe and secure, which is an essential component in preventing behavior problems. Children need rules and routines for a number of reasons: to understand limits and boundaries, to learn self-discipline, to experience frustration and delayed gratification and to appropriately interact with the world around them.

[How to Create Structure in Your Child's Day](#)

Be sure to visit the SEL page on our Mitchell Website

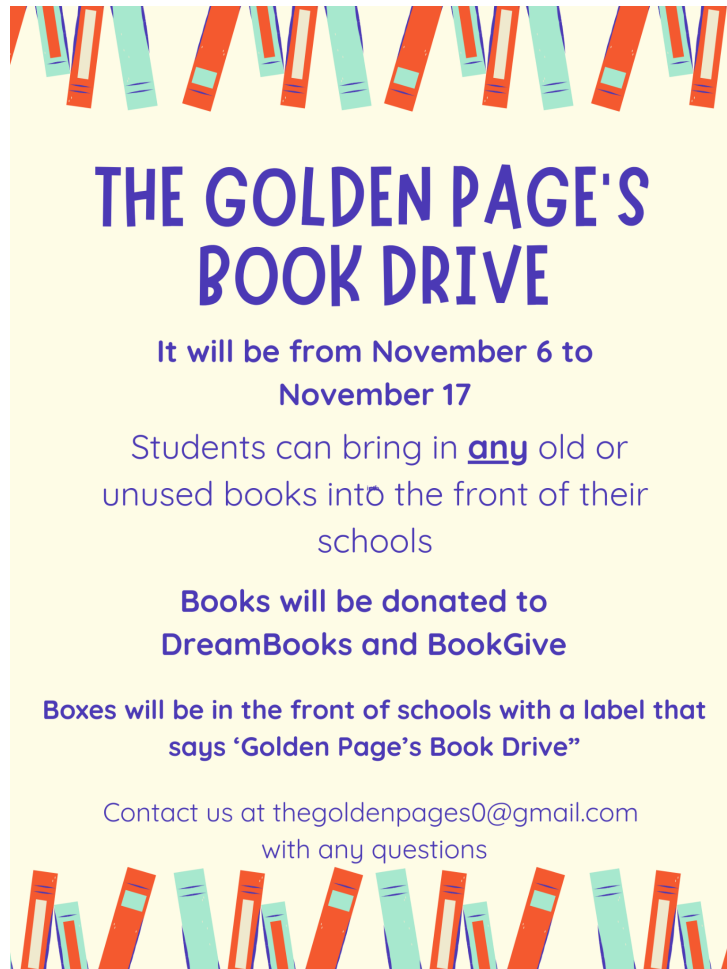
[SEL at Mitchell](#)

As Veterans Day approaches, 4th graders are creating a slideshow of our Mitchell family/community veterans. Please feel free to upload a picture of your veteran at this link. <https://forms.gle/PH23EE1ewByaB9SV6>

If you have questions, please email Ms. Hudson at kristina.hudson@jeffco.k12.co.us

Honoring Veterans pages were sent home last week in folders. As students turn those into the office we will work to create a bulletin board of veterans in our community for all to see.





THE GOLDEN PAGE'S BOOK DRIVE

It will be from November 6 to
November 17

Students can bring in any old or
unused books into the front of their
schools

**Books will be donated to
DreamBooks and BookGive**

**Boxes will be in the front of schools with a label that
says 'Golden Page's Book Drive'**

Contact us at thegoldenpages0@gmail.com
with any questions



Original Works

The time has come for our visual arts Original Works fundraiser! In your child's Friday Folder is a personalized order form. Use this form to order keepsakes of your child's artwork. Each form is personalized for each student with a unique ordering code. Some of the proceeds from this fundraiser come back to Mitchell's visual arts program to help provide quality art supplies for students. If you have any questions or problems ordering, please contact Mr. Kramer at julian.kramer@jeffco.k12.co.us Thank you for helping support our visual arts program!

PTA Corner

GSF - Next meeting is Nov 15 at Golden HS, open to the public. They are still looking to fill Treasurer and Secretary positions. If you know of anyone that would like to be more involved in the Foundation please have them reach out to Kaye Becker chair@goldenschoolsfoundation.org

BGoldn would love more support with volunteers as well as organizing food drives. Please contact Jen Ebetino - jengibb@gmail.com for more information.

Golden High School PTA is going to be collecting GHS spirit wear donations to commemorate their 150 years! They have collection bins at GHS from November 1-30 and all donations will be sold at the Holiday Bazaar on Dec 2.

Parenting Safe Children Workshop

If you are interested in adding to your toolbox with resources to have protective conversations with your children, join other families in this 2 part workshop generously subsidized by the PTA.

<https://www.eventbrite.com/e/parenting-safe-children-part-i-november-4-part-2-november11-2023-tickets-640083335487?discount=SubsidizedMitchellEle>

Save the Date: Western on Washington

Western on Washington, Mitchell Elementary's largest fundraiser, is now an event for our entire community - alumni, grandparents, friends, local business owners - the more, the merrier! So come one, come all, and bring everyone to show off Golden!



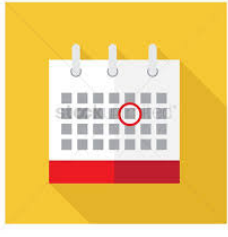
April 19, 2024 Tickets now available here:

<https://www.eventbrite.com/e/2024-western-on-washington-a-saloon-stroll-tickets-73589788939>

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Sponsorship interest? Txt 303.917.4572

Important Dates



November 4th & 11th	Parenting Safe Children Workshop *See Information below to sign up
November 9th	4th Grade Music Performance 5:30 PM
November 13th	Non-Student Contact Day
November 14th	School Accountability Committee 7:45-8:30 AM
November 20-24th	No School- Thanksgiving Break

Celebrate our Rocking Mustangs and Recess ROCKStars

Josi S, Frankie C, Masella A, Kian F, Juno A, Howie D, Finley S, Leeda E, Alice A, Kailyn S, Claire K, Tyler H, Henni P, Regan K, Atticus S, Claire P, Jojo B, Owen S, Faith G, Monte G, Siona C, Warren S, River K, Miles S, Octavia F, Locke M, Niko K, Finley S, Asa K, Sofia R, Thea D, Jude M, Simon F, Harrison W, London S, Everett R, Benny G, Ellie D, Dexter P, Damien K, Henry H, Flora K, Landon I, Bea D, Cole L, Emmy R, Cadi C, Everett R, Jackson K, Wesley S, Damien G, Clara M, Mrs. Smith's Class, Roslynn B, Hailey D, Zoli S, Webb S, Brendan S, Naiya B, Eliana M, Maclan F, Georgia D, Celia S, Jillian F, Hunter W, Gillian M, Louie D, Korbin R, Norah C, Marte H, Ava P, Olivia L, David K, Rafael S, Jadon H, Alp E, Beck C, Caden M, Tatum B, Brigitte B, Lena C, Ellie L, Faith S, Landon K, Bas H, Weston C, Hux L, Devon T, Caleb Q, Enrik M, Bryce K, Russell A, Laurence C, Charlie F, Abby R, Harry S, Violet W, Nico H, Arlo R, Xavier W,

Please don't hesitate to call the office with any questions 303.982.5875 or go onto our website <http://mitchell.jeffcopublicschools.org> for up to date school information.

MITCHELL ELEMENTARY SCHOOL PRESENTS AN EXCEPTIONAL WORKSHOP WITH FEATHER BERKOWER, LCSW

Parenting Safe Children



A workshop empowering adults to keep children safe from sexual assault



"Parenting Safe Children is the single most worthwhile parenting class I've ever attended. In fact, going to this workshop was the best thing I have ever done for my children. And, Feather Berkower is amazing!"

Michele Leifer, Parent

Parenting Safe Children focuses on educating adults how to keep children from sexual assault, taking the burden off of children to have to protect themselves.

Ideal workshop for parents, relatives, teachers, therapists...anyone who cares about children!

Please join us for an inspiring workshop on Preventing Child Sexual Assault . . . One Community at a Time

This is a must-attend workshop for people with children of all ages!

You will learn:

- What makes children vulnerable to sexual assault?
- Body-safety rules you can teach your children to keep them safe.
- How you can talk about your child's body safety with teachers, coaches, nannies, family members, faith leaders and other parents.

Workshop Topics

Consent • Playing "what if" games with children • Building a Prevention Team™ of caregivers • Tips for interviewing childcare providers • Body-safety rules for children • Secrets • Age-appropriate sexual behavior vs. problematic sexual behavior in children • "Teachable Moments" • Teaching manners while also teaching kids to say "NO" if they are un-safe • Answering kids sexual questions • Talking about pornography with kids

PART 1 – SATURDAY NOVEMBER 4, 2023

9:00 a.m. – 11:30 a.m. MST

PART 2- SATURDAY NOVEMBER 11, 2023

9:00 a.m. – 11:30 a.m. MST

Link provided upon registration

COST & REGISTRATION:

\$32.64 per person generously subsidized by Mitchell Elementary PTA - register at



**Must pay in advance to reserve your space.*

**Registration payment is non-refundable & non-transferable to other PSC dates.*

**Each person attending, including couples, must register with payment in advance.*

Contact: Sarah Barkley – 303-957-7221
sarahmbarkley@gmail.com

Feather Berkower is a licensed clinical social worker and holds a Masters of Social Welfare from the University of California, Berkeley. She has been a leader in child sexual assault prevention since 1985 and educated over 150,000 schoolchildren, parents and professionals. She is available to present Parenting Safe Children in your school, community or business.

For more information visit www.parentingsafechildren.com