



Friday Note

MISSION STATEMENT:
THE MITCHELL ELEMENTARY SCHOOL COMMUNITY PROVIDES AN ENVIRONMENT IN WHICH ALL CHILDREN WILL LEARN AND SUCCEED

<http://mitchell.jeffcopublicschools.org>



@Golden_Mustangs

The Mitchell Friday Note is an important place to be sure you have the current information about what's happening in our school.

Mitchell PTA and families, we are so grateful for the extra gift of meals and treats during our long days and evenings of conferences. Your generosity and being able to meet and partner with you made the evenings all the more rewarding!



National Safe Schools Week

In honor of this week, here are a few safety reminders as we partner together in keeping safety at the forefront of our community.

- Be sure your contact information and pick up information is up-to-date in Jeffco Campus.
- It is always Safe 2 Tell. Students can write a note or share with an adult something they are concerned about. Families can call the school or use the Safe 2 Tell system to report a concern <https://safe2tell.org/>
- Cyber Safety & Digital Citizenship
<https://www.jeffco.us/905/Information-for-Parents>

- Help keep Drop-Off and Pick-Up safe by following trafficking directions in the school parking lot, only crossing at the crosswalk, following the 'horseshoe' path around the bus lane, and walking bikes and scooters on campus.

Thanks to the Mitchell Community for making our Scholastic Book Fair a huge success! It was wonderful to welcome families into the library and see the joy on the students' faces as they came to shop at the book fair. Together we put 1,900 books into our students' and teachers' libraries and raised around \$3,000 for the Mitchell Library. Also a huge thank you to the volunteers who helped with set up, book preview, and sales. We truly couldn't do it without you!



October Series: Dyslexia Awareness Month

Common Symptoms of dyslexia in children aged 5 to 12

include:

- problems learning the names and sounds of letters
- spelling that's unpredictable and inconsistent
- confusion over letters that look similar and putting letters the wrong way round (such as writing "b" instead of "d")
- confusing the order of letters in words
- reading slowly or making errors when reading aloud
- answering questions well orally, but having difficulty writing the answer down
- difficulty carrying out a sequence of directions
- struggling to learn sequences, such as days of the week or the alphabet
- slow writing speed
- poor handwriting
- problems copying written language and taking longer than normal to complete written work
- poor phonological awareness and word attack skills



Ever wonder what it is like to have dyslexia? The district invites you to the Ed Center to experience a Dyslexia Simulation. Wednesday, October 25, 5:30-7:30pm, Ed Center 2A
[Dyslexia for a Day](#)

New Project

We are excited to share about a new project happening at Mitchell. Many students and families have been asking for several years to expand our Outdoor Eating Area. Mitchell aims to invite students to eat outside on as many days as the weather permits. With our limited area, students rotate through this opportunity by class or groups. Thanks to a generous partnership between the Mitchell PTA and our district facilities department, Phase I of this project has begun. You will notice a new, larger concrete pad for eating with safer steps to the cafeteria door right along the front of our school.

We hope to be able to move forward with Phase 2 (additional picnic tables) and Phase 3 (a permanent shade structure) later this year. Be on the lookout for more information around fundraising for these phases from PTA throughout the year.



Mitchell Halloween

Check out what to expect for how students will be enjoying Halloween at school:

- Halloween Parade will take place at 9:00 AM- students are invited to wear costumes to school. These costumes need to be school appropriate (no weapons, culturally appropriate, and no halloween masks). Families are invited to view the parade OUTDOORS. Our parade will start out on the lower blacktop and then move to the upper blacktop, then back through the front door. If you as an adult choose to come in costume, please also make sure your costume follows these guidelines to align with this safe and welcoming environment of this celebration. Take pictures, cheer on your students!
- Please leave furry friends at home as there are lots of people, strollers and crowded walkways.
- Students will be taking off their costumes after the parade and are encouraged to bring a tote bag or grocery bag to store their costume afterwards.
- The remainder of the day is focused on activities and/or themed learning developed in partnership between students and teachers. This might include games, crafts, snacks, activities, and/or movies.



Candy Collection

The FUTP60 team will be collecting any candy for our annual candy collection at Mitchell. The candy collected will be distributed to local organizations throughout the Golden community. We will collect candy from Wednesday, November 1st to Friday, November 3rd. The collection will be at the front and back entrances between 8:30 a.m. - 8:45 a.m. Thank you.



Golden High School invites you and your family to Trick or Treat Street on Monday, October 30th! Doors open at 5:00pm and GHS clubs and sports will be giving out candy until 6:30pm. Golden provides a safe and fun environment to go Trick or Treating. Everyone is welcome! Wear your best costume and come check it out!

As Veterans Day approaches, 4th graders are creating a slideshow of our Mitchell family/community veterans. Please feel free to upload a picture of your veteran at this link. <https://forms.gle/PH23EE1ewByaB9SV6>

If you have questions, please email Ms. Hudson at kristina.hudson@jeffco.k12.co.us



Coming soon: Original Works Fundraiser!

Keep an eye out in Friday Note and Friday Folders—our annual visual arts fundraiser is coming up soon. Families will have the opportunity to purchase products with their student(s)'s artwork on it. Some of the proceeds will come back to the Mitchell Elementary Visual Arts program to help provide quality art materials to our students.

Volunteers Needed

Mitchell PTA has purchased some beautiful tables for our school. We are in need a few volunteers to help put them together and get them set up. Sign up in this form if you are able to help with this.



<https://www.signupgenius.com/go/70A0B4CA8A62AA64-45431536-table>

PTA Corner

School Garden Pumpkin Festival and Social

Visit the School Garden on Thursday, October 26th from 5-7pm for the Pumpkin Festival! Help us harvest the pumpkins the students planted last spring and build a scarecrow or two! We'll have a hot chocolate and hot apple cider cart, a pumpkin sale and pumpkin chunking, face painting and temporary tattoos, applesauce taste testing, and more! Come meet the garden team and learn how you can get involved! If you'd like to volunteer to help out at the event, sign up here!



https://www.signupgenius.com/go/4090F44ABAB2EA6FA7-45058569-pumpkin#

Equity, Diversity, and Inclusion Committee

October 24, 2023; 9:00am

Go to: <https://zoom.us/join>

Enter Meeting ID: 733 539 1163

Enter Passcode: 785283

**** All are welcome to join the meetings! If you would like to be added to the list-serv to stay apprised of EDI activities, email Mandy Bakulski at mandymc123@gmail.com. Learn more here: <https://www.mitchellpta.org/diversity-equity> ****

Parenting Safe Children Workshop

If you are interested in adding to your toolbox with resources to have protective conversations with your children, join other families in this 2 part workshop generously subsidized by the PTA.

<https://www.eventbrite.com/e/parenting-safe-children-part-i-november-4-part-2-november11-2023-tickets-640083335487?discount=SubsidizedMitchellEle>

Save the Date: Western on Washington

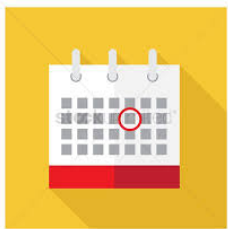
The Western on Washington is Mitchell Elementary’s largest fundraiser and is now an event for our entire community - alumni, grandparents, friends, local business owners - the more, the merrier! So come one, come all, and bring everyone to show off Golden!

April 19, 2024 Tickets now available here:

<https://www.eventbrite.com/e/2024-western-on-washington-a-saloon-stroll-tickets-73589788939>

Sponsorship interest? Txt 303.917.4572

Important Dates



October 20th	No School- Fall Break
October 26th	Pumpkin Festival 5-7pm 3rd Grade Music Performance 5:30pm
October 31st	Halloween Parade 9:00 am *Upper & Lower Blacktop

Celebrate our Rocking Mustangs and Recess ROCKStars

Aj A, Alp E, Faith S, Bea D, Nathan H, Miles S, Torin F, Alex G, Willa K, Howie D, Carson F, Marte H, Henry B, Roslynn B, Charlie M, Vaughn H, Avery G, Landon K, Olivia L, Masella A, Violet W, Siena S, Alden L, Ellis M, Eleanor D, Abby R, Warren S, Kailyn S, Beck C, Kaia B, Juno A, Cora M, Ellie L, Hadley W, Blaise M, Olive K, Camden D, Eloise B, Jadon H, Gus E, Asa K, Aiden S, Claire P, Stella P, Frankie C, Brigitte B, Brayden M, Wesley S, Remy W, Claire K, Ella Q, Lucas K, Beckett L, Harrison G, Ellyson B, Clara C, Siona C, Eli S, Xavier W, Dossym K, Trent S, Zoe T, Colin S, Landon I, Magnolia B, Annaliese R, Jeffery H, Harrison W, Kian F, Nolan C, Maisie S, Dexter P, Juniper K, Annika M, Calvin T, Caleb Q, Taylor D, Henry H, Powell C, Henry E, Bob H, David H, Niko K, Owen H, Kira H, Samuel H, Jude M, Russell A, Lively F, Regan N, Octavia F, Russell D, Hank J, Emmy R, Braden Z, Monte G, Isabella F, Simon F, Atticus S, Gus H, Ada N, Everley R, Jackson K, India C, London S, Emerson M, Jacob M, Francis B, Aleah V, Mickey W, Eva F, Weston P,

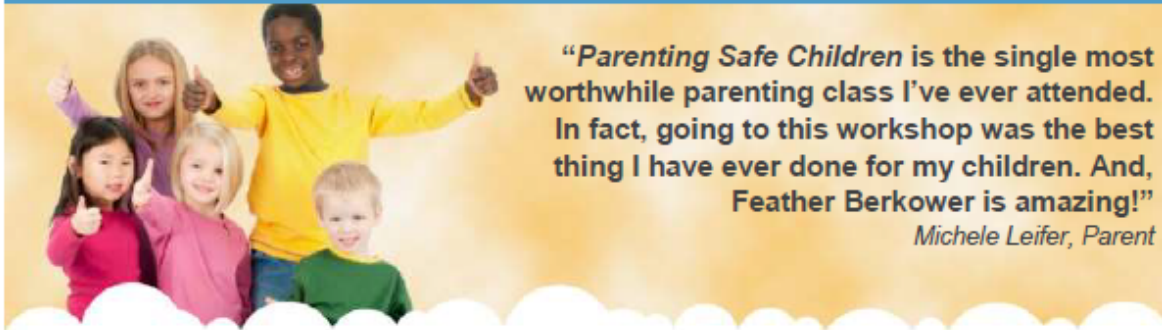
Please don't hesitate to call the office with any questions 303.982.5875 or go onto our website <http://mitchell.jeffcopublicschools.org> for up to date school information.

MITCHELL ELEMENTARY SCHOOL PRESENTS AN EXCEPTIONAL WORKSHOP WITH FEATHER BERKOWER, LCSW

Parenting Safe Children



A workshop empowering adults to keep children safe from sexual assault



"Parenting Safe Children is the single most worthwhile parenting class I've ever attended. In fact, going to this workshop was the best thing I have ever done for my children. And, Feather Berkower is amazing!"

Michele Leifer, Parent

Parenting Safe Children focuses on educating adults how to keep children from sexual assault, taking the burden off of children to have to protect themselves.

Ideal workshop for parents, relatives, teachers, therapists...anyone who cares about children!

**Please join us for an inspiring workshop on Preventing Child Sexual Assault . . .
One Community at a Time**

This is a must-attend workshop for people with children of all ages!

You will learn:

- What makes children vulnerable to sexual assault?
- Body-safety rules you can teach your children to keep them safe.
- How you can talk about your child's body safety with teachers, coaches, nannies, family members, faith leaders and other parents.

Workshop Topics

Consent • Playing "what if" games with children • Building a Prevention Team™ of caregivers • Tips for interviewing childcare providers • Body-safety rules for children • Secrets • Age-appropriate sexual behavior vs. problematic sexual behavior in children • "Teachable Moments" • Teaching manners while also teaching kids to say "NO" if they are un-safe • Answering kids sexual questions • Talking about pornography with kids

PART 1 – SATURDAY NOVEMBER 4, 2023

9:00 a.m. – 11:30 a.m. MST

PART 2- SATURDAY NOVEMBER 11, 2023

9:00 a.m. – 11:30 a.m. MST

Link provided upon registration

COST & REGISTRATION:

\$32.64 per person generously subsidized by Mitchell Elementary PTA - register at



**Must pay in advance to reserve your space.*

**Registration payment is non-refundable & non-transferable to other PSC dates.*

**Each person attending, including couples, must register with payment in advance.*

Contact: Sarah Barkley – 303-957-7221
sarahmbarkley@gmail.com

Feather Berkower is a licensed clinical social worker and holds a Masters of Social Welfare from the University of California, Berkeley. She has been a leader in child sexual assault prevention since 1985 and educated over 150,000 schoolchildren, parents and professionals. She is available to present Parenting Safe Children in your school, community or business.

For more information visit www.parentingsafechildren.com