



Friday Note

MISSION STATEMENT:
THE MITCHELL ELEMENTARY SCHOOL COMMUNITY PROVIDES AN ENVIRONMENT IN WHICH ALL CHILDREN WILL LEARN AND SUCCEED

<http://mitchell.jeffcopublicschools.org>



@Golden_Mustangs

The Mitchell Friday Note is an important place to be sure you have the current information about what's happening in our school.

Responding in our Community

Our hearts are with the communities of the recent acts of violence in Israel. We know many members of the Jewish community are personally impacted and are experiencing fear for themselves and their families. We value all the members of our community and the diverse perspectives each of us bring to making this a great place to work and learn. It is often difficult to decide how to have these conversations with our friends and other adults. It becomes even more difficult to decide whether or not to have conversations with our young children. While we are not fostering classroom discussions on this particular event at school, however, our staff is always ready to lend our students a listening ear for any need. Part of being a community leads us to committing to continuing to be empathetic and addressing these situations so we avoid desensitization. If you are looking for resources (for yourself and/or how to talk to your students) there are a number linked below.

[Talking to Children About Violence](#)

[Tips for Parents and Educators](#)

[Managing Strong Emotions to Traumatic Events](#)

[How to Talk to Children about the Violence in Israel and Gaza](#)



Student Reports

Families can access students' assessment information as well as formal plans in Student Insights. Students in grades K-3 took DIBELS (Dynamic Indicators of Basic Early Literacy Skills) and students in grades 1-5 took MAP (Measures of Academic Progress) earlier this year. For more information on MAP assessments, check out this [informational flyer](#).

During conferences, teachers will reference pieces of information that can be found in Student Insights. If you need support accessing Student Insights, Ms. Hemphill will host an open lab in the #Tech Studio (near the library) during conferences.

College Day



In honor of Colorado Free Application Days, Mitchell will be celebrating College Shirt Day on Wednesday, October 18th. We can't wait to see all the spirit wear!

October Series: Dyslexia Awareness Month

What is Dyslexia?

A language-based disability

Spoken Language | Reading | Spelling | Writing | Pronouncing Words

Main Challenges

Matching Letter Symbols to Sound | Matching Sounds to Letter Symbols

De-coding meaning Reading: I nq hrer. I am here. | En-coding meaning Writing and Spelling: yo ar fune. You are funny.

How many? 20% | Dyslexia runs in families:

Dyslexia is a spectrum disorder.

Mild | Moderate | Severe

octor is

Dyslexia Awareness

month

Ever wonder what it is like to have dyslexia? The district invites you to the Ed Center to experience a Dyslexia Simulation. Wednesday, October 25, 5:30-7:30pm, Ed Center 2A [Dyslexia for a Day](#)

Fall Family Conferences

Mitchell will hold **Fall Conferences on October 17th and 18th**. Our part time support teachers will be available to join conferences on these days: Tuesday, October 17th: Jane Hampleman (English as a Second Language), Jenny McAfee (Speech/Language Pathologist) Wednesday, October 18th: Megan Mountford (Social Worker), Michelle McGrath (Social Emotional Learning Specialist), Gena Hassett (Gifted and Talented Resource Teacher) and Gabrielle Galvarro (Learning Specialist). Please sign up for your child's conference on the day they will be available, so they can join. Kate DeBever (full time Learning Specialist) will be available both days.



Please schedule your time online by going to <http://mitchell.jeffcopublicschools.org> where each teacher has posted a schedule. If you are unable to sign up online, please contact your child's teacher directly.



The Scholastic Book Fair will be at Mitchell October 12th-18th. The library's favorite time of year and only fundraiser is here! Students will preview books Oct. 12th-13th, then can bring money to school (or you can load their eWallet) and shop with their class Oct. 16th-17th. Parents are welcome to shop anytime we

are open. Please remember to sign in at the office.

If you can't make it in person you can shop online and the books will be delivered directly to you. Click "Shop Online" near the bottom of [this link](#).

We highly recommend using **eWallet**. Last year families enjoyed this safe, cashless way to shop at the Book Fair. This digital payment option can be used at the in-school Book Fair or online at the Virtual Book Fair. And the funds never expire. To load your child's eWallet, click [HERE](#).

If you would like to be a part of the fun, consider volunteering! This event is always successful with the help of our great volunteers, so thank you! [Sign up here](#).

Shop our Book Fair and support our school!

Book Fair Hours:

Monday 10/16 8:30-4:00
Tuesday 10/17 8:30-6:30
Wednesday 10/18 8:00-12:00



After School Activities Reminder: There is **no** Tae Kwon Do, Yoga & Mindfulness, Sticky Fingers, Pottery, Mad Science or Mustang Singers on Tuesday, Oct 17th due to parent/teacher conferences. Thank you

Coming soon: Original Works Fundraiser!

Keep an eye out in Friday Note and Friday Folders—our annual visual arts fundraiser is coming up soon. Families will have the opportunity to purchase products with their student(s)'s artwork on it. Some of the proceeds will come back to the Mitchell Elementary Visual Arts program to help provide quality art materials to our students.



Crossing Guards

Once Crossing Guards retire in the City of Golden, they are not replaced. We have not had enough volunteers to adequately cover the crosswalks at the front and back of the school. If you are a family whose students walk, or bike to school, please have conversations about traffic safety with them.



pietastock.com - 85137491

Mitchell Halloween

Check out what to expect for how students will be enjoying Halloween at school:

- Halloween Parade will take place at 9:00 AM- students are invited to wear costumes to school. These costumes need to be school appropriate (no weapons, culturally appropriate, and no halloween masks). Families are invited to view the parade OUTDOORS. Our parade will start out on the lower blacktop and then move to the upper blacktop, then back through the front door. If you as an adult choose to come in costume, please also make sure your costume follows these guidelines to align with this safe and welcoming environment of this celebration. Take pictures, cheer on your students!
- Please leave furry friends at home as there are lots of people, strollers and crowded walkways.
- Students will be taking off their costumes after the parade and are encouraged to bring a tote bag or grocery bag to store their costume afterwards.
- The remainder of the day is focused on activities and/or themed learning developed in partnership between students and teachers. This might include games, crafts, snacks, activities, and/or movies.



Golden High School invites you and your family to Trick or Treat Street on Monday, October 30th! Doors open at 5:00pm and GHS clubs and sports will be giving out candy until 6:30pm. Golden provides a safe and fun environment to go Trick or Treating. Everyone is welcome! Wear your best costume and come check it out!

PTA Corner

Treat the Teachers!

In order to help support our teachers and staff during the extra long parent/teacher conference days, the PTA will be providing dinner each night. Please help us Treat the

Teachers by donating to this cause. Venmo: @Mitchell-Pta Please include Treat the Teachers in the note. Thank you for your support!

School Garden Pumpkin Festival and Social

Visit the School Garden on Thursday, October 26th from 5-7pm for the Pumpkin Festival! Help us harvest the pumpkins the students planted last spring and build a scarecrow or two! We'll have a hot chocolate and hot apple cider cart, a pumpkin sale and pumpkin chunking, face painting and temporary tattoos, applesauce taste testing, and more! Come meet the garden team and learn how you can get involved! If you'd like to volunteer to help out at the event, sign up here!



[https://www.signupgenius.com/go/4090F44ABAB2EA6FA7-45058569-pumpkin#/
/](https://www.signupgenius.com/go/4090F44ABAB2EA6FA7-45058569-pumpkin#/)

Parenting Safe Children Workshop

If you are interested in adding to your toolbox with resources to have protective conversations with your children, join other families in this 2 part workshop generously subsidized by the PTA.

<https://www.eventbrite.com/e/parenting-safe-children-part-i-november-4-part-2-november11-2023-tickets-640083335487?discount=SubsidizedMitchellEle>

Save the Date: Western on Washington

The Western on Washington is Mitchell Elementary's largest fundraiser and is now an event for our entire community - alumni, grandparents, friends, local business owners - the more, the merrier! So come one, come all, and bring everyone to show off Golden!

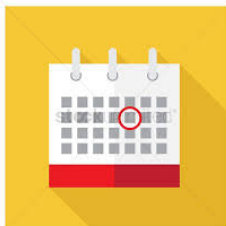
April 19, 2024 Tickets now available here:

<https://www.eventbrite.com/e/2024-western-on-washington-a-saloon-stroll-tickets-73589788939>

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Sponsorship interest? Txt 303.917.4572

Important Dates



October 17th & 18th	Fall Conferences *sign ups coming soon
October 18th	College Spirit Day
October 19th	Non-Contact Day *Teacher Professional Learning Day
October 20th	No School- Fall Break
October 26th	Pumpkin Festival 5-7pm 3rd Grade Music Performance 5:30pm

Celebrate our Rocking Mustangs and Recess ROCKStars

Faith S, Kaia B, Sidney W, Carson F, KJ H, Zoe T, Ellie L, Jude S, Omari L, Calvin T, Raegan N, Lennon K, Roslynn B, Gus E, Savannah K, Masella A, Powell C, Nico H, India C, Willa H, Korbin W, Georgia D, Victor J, Owen S, Jordan S, Thea D, Raelyn C, Mason V, Sofia R, Wes C, Nolan C, Olivia L, Abby R, Atticus S, Ella W, David K, Alyssa S, Isabella F, Grace H, Hunter W, Charlie M, Juniper K, Hux L, Luke S, Octavia F, Thomas C, James G, Braden Z, Marte H, Eliana M, Neel I, Samuel H, Crosby G, Cooper F, Kira H, Cecilia B, Cora C, Alice Z, Zoe D, Frankie C, Ellyson B, Oscar Q, Niko K, Findley R, Annika M, Elysse E, Hadley W, Tessa H, Everett R, Wesley S, Mickey W, Nellie W, Owen H, Evi G, William N, Kailyn S, Caleb Q, Lively F, Drew K, Alice A, Preston N, Miles S, Jackson A, Claire K, Charlie H, Cadence C, Brigitte B, Josie B, Theo H, Huck G, Louie D, Roman P, Faith G, Beck C, Rhys A, Emmy R, Finley S, Locke M, Anneliese R, Landon S, Felix W, Henry B, Scarlett F, Sammy W, Torin F, Tyler H, Asa K, Tatum B, Howie D, Caoimhe S, Greyson L, Dexter P, Nora N, Jo Jo B, Rafael S, Charles C, Jackson S, Finn P, Zoe K, Harrison W, Michael K, Henni P, Stella P, Violet W,

Please don't hesitate to call the office with any questions 303.982.5875 or go onto our website <http://mitchell.jeffcopublicschools.org> for up to date school information.

MITCHELL ELEMENTARY SCHOOL PRESENTS AN EXCEPTIONAL WORKSHOP WITH FEATHER BERKOWER, LCSW

Parenting Safe Children



A workshop empowering adults to keep children safe from sexual assault



"Parenting Safe Children is the single most worthwhile parenting class I've ever attended. In fact, going to this workshop was the best thing I have ever done for my children. And, Feather Berkower is amazing!"

Michele Leifer, Parent

Parenting Safe Children focuses on educating adults how to keep children from sexual assault, taking the burden off of children to have to protect themselves.

Ideal workshop for parents, relatives, teachers, therapists...anyone who cares about children!

**Please join us for an inspiring workshop on Preventing Child Sexual Assault . . .
One Community at a Time**

This is a must-attend workshop for people with children of all ages!

You will learn:

- What makes children vulnerable to sexual assault?
- Body-safety rules you can teach your children to keep them safe.
- How you can talk about your child's body safety with teachers, coaches, nannies, family members, faith leaders and other parents.

Workshop Topics

Consent • Playing "what if" games with children • Building a Prevention Team™ of caregivers • Tips for interviewing childcare providers • Body-safety rules for children • Secrets • Age-appropriate sexual behavior vs. problematic sexual behavior in children • "Teachable Moments" • Teaching manners while also teaching kids to say "NO" if they are un-safe • Answering kids sexual questions • Talking about pornography with kids

PART 1 – SATURDAY NOVEMBER 4, 2023

9:00 a.m. – 11:30 a.m. MST

PART 2- SATURDAY NOVEMBER 11, 2023

9:00 a.m. – 11:30 a.m. MST

Link provided upon registration

COST & REGISTRATION:

\$32.64 per person generously subsidized by Mitchell Elementary PTA - register at



**Must pay in advance to reserve your space.*

**Registration payment is non-refundable & non-transferable to other PSC dates.*

**Each person attending, including couples, must register with payment in advance.*

Contact: Sarah Barkley – 303-957-7221
sarahmbarkley@gmail.com

Feather Berkower is a licensed clinical social worker and holds a Masters of Social Welfare from the University of California, Berkeley. She has been a leader in child sexual assault prevention since 1985 and educated over 150,000 schoolchildren, parents and professionals. She is available to present Parenting Safe Children in your school, community or business.

For more information visit www.parentingsafechildren.com