



Friday Note

MISSION STATEMENT:
THE MITCHELL ELEMENTARY SCHOOL COMMUNITY PROVIDES AN ENVIRONMENT IN WHICH ALL CHILDREN WILL LEARN AND SUCCEED

<http://mitchell.jeffcopublicschools.org>



@Golden_Mustangs

The Mitchell Friday Note is an important place to be sure you have the current information about what's happening in our school.

Field Day is Coming!

Field Day is right around the corner on Friday, September 29th!
Please come out and watch your child in the activities. Hope to see you there!

Parents are the people who make Field Day a success. We really need your help! If you are able to volunteer as a station helper, please use the link below to sign up.

[Field Day Volunteers - Click to Sign Up](#)



Please make sure your kiddo is wearing appropriate PE clothes and sneakers. There will be various games and we want your kiddo to be safe.

Please no flip-flops or sandals.

Sunscreen and a Water Bottle are highly recommended. Dogs are not allowed on campus during school events, please leave furry friends at home.

Start Times

9:00 am - 11:24 am - 3rd, 4th, and 5th Grades
1:00 p.m. - 3:00 p.m. - Kindergarten, 1st, and 2nd

There will be schedules posted on the Exterior PE doors and at the picnic tables/pavilion area to assist you in finding your student's class.

Questions? Contact Lars Lundgren at 303-982-5875, or lars.lundgren@jeffco.k12.co.us



School Count Day

It's official – October Count Day this year is Monday, October 2. The most important action you can take to support school funding is to make sure your student attends school on that day. Much of public education funding from the [State of Colorado](#) is based on student count, so we encourage you to be sure your student engages in school that day.

Speaker Series

[Share your input/ideas](#) on potential family speaker series topics for the 23-24 school year.

Jeffco Shows Up **#AttendanceAwarenessMonth**

**Regular attendance
allows students to
establish and nurture
relationships.**



Congratulations!

Way to go Mitchell Mustangs! We received word from the Golden Schools Foundation that Mitchell has earned back the Golden Gallop participation trophy. Once it is engraved it will be proudly displayed in our display case. We were able to just take the lead with 19% participation from Ralston who has held the honor for the past 2 years. Thank you to the students who ran and all who support the Golden Schools Foundation!

Join the Mitchell Team

If you've thought about working at Mitchell as a paraprofessional, we would love to have you apply. We currently have 2 positions that are ideal for mirroring your Mitchell student's schedule and offer rewarding relationships with students and colleagues. If you are interested or know of someone who might be, please reach out to Ms. Yergert in the main office.

PTA Corner

Wow!!! We had SO much fun during Mileage Club and are incredibly proud of all our Mitchell runners! We had 294 participants in grades 1-5 this year who ran a whopping 6,394 laps around the upper field for a combined distance of 1,087 miles!!! That is nearly all the way to Calgary, Canada!!! Thank you to all the incredible volunteers! We look forward to running again soon!

Keychains were delivered to classrooms this week. For every 5 laps completed, runners earned a foot keychain. If you'd like to calculate distance, each lap was about 0.17 miles.

Congratulations to our top lap earners:

- 1st grade - Zoe (45 laps) and Charlie (51 laps)
- 2nd grade - Hailey (52 laps) and Cole and Caleb (70 laps)
- 3rd grade - McKinley (54 laps) and William (64 laps)
- 4th grade - Greta (70 laps) and Landon (55 laps)
- 5th grade - Marly (54 laps) and Oliver (100 laps)

These students will receive a \$5 gift card to Golden Sweets! We hope they enjoy the ice cream they definitely earned! Congratulations to Ms. Frappaolo's class for having the most students participate in Mileage Club! 100% of her students participated! As a reward, they will enjoy an extra recess! We hope they have a ton of fun!

Thank you again to all the incredible volunteers! We couldn't do it without you!

Winter Clothing Drive

Do you have gently-used clothing in sizes 3T to adult? Please consider donating them during the week of October **9-13** during the **Mitchell PTA Winter Clothing Drive**. Please bring clothes to school, where there will be bins available for drop-off each day. All donations will be given to the [Serving Kids Program](#), which provides new and nearly-new clothing to Jeffco school children from Pre-K through high school who are in need. Donations should be new or clean and in good repair. Items in greatest need are sneakers, winter coats, snow boots, pants and tops, and winter hats and gloves in all sizes. *Note: donated socks and underwear must be new and in original packaging.* You can also make a tax-deductible donation through the [Jeffco Schools Foundation](#). Questions? Email Erin at efurtak@gmail.com



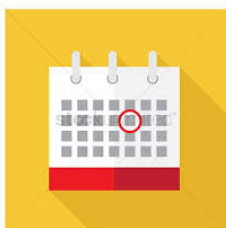
Parenting Safe Children Workshop

If you are interested in adding to your toolbox with resources to have protective conversations with your children, join other families in this 2 part workshop generously subsidized by the PTA.

<https://www.eventbrite.com/e/parenting-safe-children-part-i-november-4-part-2-november11-2023-tickets-640083335487?discount=SubsidizedMitchellEle>

Looking for a convenient way to donate snacks for students who forget or are in need? Visit the [Snacks for Students wishlist](#) to have your donated snacks delivered via Amazon. Thank you to Ms. Munoz for compiling this great list of healthy, allergy-friendly snacks!

Important Dates



September 29th	Field Day
October 17th & 18th	Fall Conferences *sign ups coming soon
October 19th	Non-Contact Day

	*Teacher Professional Learning Day
October 20th	No School- Fall Break

Celebrate our Rocking Mustangs and Recess ROCKStars

Jackson K, Auggie S, Powell C, Zoe K, Olive K, Josie B, Crosby G, Niko K, Stella P, Jojo B, Caleb Q, Monte G, Juno A, Louie H, Ellie L, Georgia D, Xavier W, Flora D, Jana S, Owen S, Clara M, Brody M, Grace L, Violet W, Roslynn B, Aaliyah A, Locke M, Ares A, Kian F, Sawyer D, Selena A, Nico H, Henry H, Kaden M, Taylor D, Howie D, Lettie B, Atticus S, Carson F, Octavia F, Jackson L, Bea D, Charlie M, McKinley M, Cece B, Xander C, Kailyn S, Masella A, Cooper F, Claire P, Levi N, Nellie W, Luke S, London S, Bryce F, Landon K, Lukas R, Alice Z, Coraline M, Alex G, Lennon K, Sierra K, Siona C, Bryce K, Torin F, Owen H, Raelyn C, Oliver S, Clara T, Colin V, Ellie F, Grant W, Alma A, Enrik M, Violet W, Remy W, Zoe S, Theo H, Frankie C, Maisie S, JJ G, Jill B, Arlo R, Hudson D, Zoe T, Jack K, Owen F, Jaxon S, Kaia B, Harrison W, Hux L, Beck C, Wesley G, Claire B, AJ A, Abby R, Eliana M, Willa K, Alex B, Olivia V, Brigitte B, Simon F, Tate L, Wesley S, Jackson W, Jackson A, Bea H, Faith S, Samantha A, Tyler H, Jadon H, Mickey W, Ada N, Landon I, Wes C, Wyatt L, Emeri E, Judah P, Caoimhe S, Louie D, Zeta G, Bridget D, Henry B, Annika F, Mona S, Rosemary M, Zoli S, Warren S, Addie S, Frances A, Zach L, Logan L, Finley S, Briana S, Evi G, James G,

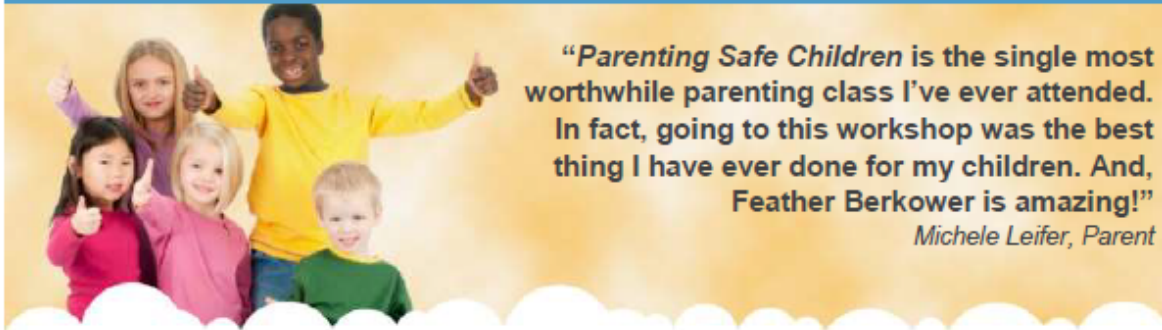
Please don't hesitate to call the office with any questions 303.982.5875 or go onto our website <http://mitchell.jeffcopublicschools.org> for up to date school information.

MITCHELL ELEMENTARY SCHOOL PRESENTS AN EXCEPTIONAL WORKSHOP WITH FEATHER BERKOWER, LCSW

Parenting Safe Children



A workshop empowering adults to keep children safe from sexual assault



"Parenting Safe Children is the single most worthwhile parenting class I've ever attended. In fact, going to this workshop was the best thing I have ever done for my children. And, Feather Berkower is amazing!"

Michele Leifer, Parent

Parenting Safe Children focuses on educating adults how to keep children from sexual assault, taking the burden off of children to have to protect themselves.

Ideal workshop for parents, relatives, teachers, therapists...anyone who cares about children!

**Please join us for an inspiring workshop on Preventing Child Sexual Assault . . .
One Community at a Time**

This is a must-attend workshop for people with children of all ages!

You will learn:

- What makes children vulnerable to sexual assault?
- Body-safety rules you can teach your children to keep them safe.
- How you can talk about your child's body safety with teachers, coaches, nannies, family members, faith leaders and other parents.

Workshop Topics

Consent • Playing "what if" games with children • Building a Prevention Team™ of caregivers • Tips for interviewing childcare providers • Body-safety rules for children • Secrets • Age-appropriate sexual behavior vs. problematic sexual behavior in children • "Teachable Moments" • Teaching manners while also teaching kids to say "NO" if they are un-safe • Answering kids sexual questions • Talking about pornography with kids

PART 1 – SATURDAY NOVEMBER 4, 2023

9:00 a.m. – 11:30 a.m. MST

PART 2- SATURDAY NOVEMBER 11, 2023

9:00 a.m. – 11:30 a.m. MST

Link provided upon registration

COST & REGISTRATION:

\$32.64 per person generously subsidized by Mitchell Elementary PTA - register at



**Must pay in advance to reserve your space.*

**Registration payment is non-refundable & non-transferable to other PSC dates.*

**Each person attending, including couples, must register with payment in advance.*

Contact: Sarah Barkley – 303-957-7221
sarahmbarkley@gmail.com

Feather Berkower is a licensed clinical social worker and holds a Masters of Social Welfare from the University of California, Berkeley. She has been a leader in child sexual assault prevention since 1985 and educated over 150,000 schoolchildren, parents and professionals. She is available to present Parenting Safe Children in your school, community or business.

For more information visit www.parentingsafechildren.com