



Friday Note

MISSION STATEMENT:
THE MITCHELL ELEMENTARY SCHOOL COMMUNITY PROVIDES AN ENVIRONMENT IN WHICH ALL CHILDREN WILL LEARN AND SUCCEED

<http://mitchell.jeffcopublicschools.org>



@Golden_Mustangs

The Mitchell Friday Note is an important place to be sure you have the current information about what's happening in our school.



Golden High School Homecoming Parade

Every year our kindergarten students are invited to walk as a Mitchell group in the Golden High School Homecoming Parade. If you are interested in joining the parade with your kindergarten student, please read the [attached letter](#) for more information.

Field Day is Coming!

Field Day is right around the corner on Friday, September 29th!

Please come out and watch your child in the activities. Hope to see you there!

Parents are the people who make Field Day a success. We really need your help! If you are able to volunteer as a station helper, please use the link below to sign up.

[Field Day Volunteers - Click to Sign Up](#)



Please make sure your kiddo is wearing appropriate PE clothes and sneakers. There will be various games and we want your kiddo to be safe.

Please no flip-flops or sandals.

Sunscreen and a Water Bottle are highly recommended. Dogs are not allowed on campus during school events, please leave furry friends at home.

Start Times

9:00 am - 11:24 am - 3rd, 4th, and 5th Grades

1:00 p.m. - 3:00 p.m. - Kindergarten, 1st, and 2nd

There will be schedules posted on the Exterior PE doors and at the picnic tables/pavilion area to assist you in finding your student's class.

Questions? Contact Lars Lundgren at 303-982-5875, or lars.lundgren@jeffco.k12.co.us

Speaker Series

[Share your input/ideas](#) on potential family speaker series topics for the 23-24 school year.

Golden Gallop Spirit Day

Monday, September 17th Mustangs can wear this year's shirt to school after running the race this weekend. The race can be run virtually or in-person to allow for lots of participation. Click on [this link for an informational and race sign up.](#)



Jeffco Shows Up **#AttendanceAwarenessMonth**

**Regular attendance
allows students to
establish and nurture
relationships.**

Join the Mitchell Team

If you've thought about working at Mitchell as a paraprofessional, we would love to have you apply. We currently have 2 positions that are ideal for mirroring your Mitchell student's schedule and offer rewarding relationships with students and colleagues. If you are interested or know of someone who might be, please reach out to Ms. Yergert in the main office.

School Accountability Committee

SAC serves as an advisory body to support our school's shared leadership model. All are welcome! We have quarterly meetings to discuss and gather input around school improvement priorities and strategies and more. The next SAC meeting will be Monday, September 19th at 3:45 in the Mitchell Library. On the agenda this time:

- What is SAC?
- Mitchell Elementary's Vision Statement
- Mitchell's Unified Improvement Plan (academic goals for the year)
- Enrollment and Budget Review



PTA Corner

Thank you everyone for making the #Back Together Movie Night and Dance Party a success! It was a wonderful evening full of making connections and a great way to kick off the school year!



MITCHELL ELEMENTARY MATH AND SCIENCE NIGHT 2023

Thursday, September 21st, 2023 5:30-7:00 p.m.

Exhibitor set-up 4:30-5:30 p.m.

Exhibits will be held outside on school grounds (201 Rubey Dr, Golden, CO 80403)

Contact Beth Moses fishandrocks@gmail.com

WE NEED STEM EXHIBITS!

Do you use STEM in your job? Do you know someone in charge of community outreach for your company? Volunteer to run a booth at Mitchell Math and Science Night!



EXHIBITOR SIGN-UP AT <https://bit.ly/mmsn2023-exhibit>

WE NEED VOLUNTEERS + DONATIONS FOR THE NIGHT!

Please help with set up, tear down & logistics! Also need STEM-themed donations for raffle.



VOLUNTEER SIGN-UP AT <https://bit.ly/mmsn2023-volunteers>

All proceeds we make during the night go towards future Math and Science Nights!

Sponsored by Mitchell PTA

www.mitchellpta.org/

Volunteer for Recess Garden Club!

Come hang out with the kiddos at Recess Garden Club—water the pumpkins, pull weeds, and play in the dirt with the kiddos! Recess Garden club happens every Monday, Wednesday, and Friday: The first time slot, from 11am to 12:30pm, covers the recess times for 1st graders, kindergarteners, and 3rd graders and the second slot, from 12:15pm to 1:45pm, covers the recess times for 2nd graders, 5th graders, and 4th graders and we really need two volunteers to run each slot smoothly:

<https://www.signupgenius.com/go/4090F44ABAB2EA6FA7-mitchell>

A member of our volunteer garden team will either be there to help facilitate or will send directions to you on the night before your shift, so first timers are always welcome! Please email Alexa at mitchellptagarden@gmail.com with any questions, and thanks for volunteering!

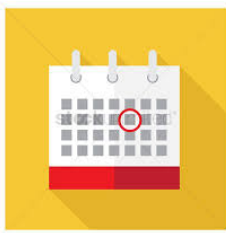
Parenting Safe Children Workshop

If you are interested in adding to your toolbox with resources to have protective conversations with your children, join other families in this 2 part workshop generously subsidized by the PTA.

<https://www.eventbrite.com/e/parenting-safe-children-part-i-november-4-part-2-november11-2023-tickets-640083335487?discount=SubsidizedMitchellEle>

Looking for a convenient way to donate snacks for students who forget or are in need? Visit the [Snacks for Students wishlist](#) to have your donated snacks delivered via Amazon. Thank you to Ms. Munoz for compiling this great list of healthy, allergy-friendly snacks!

Important Dates



September 21st	Math & Science Night 5:30 PM
September 22nd	No School- Teacher Work Day Golden Homecoming Parade
September 29th	Field Day

Celebrate our Rocking Mustangs and Recess ROCKStars

Jackson K, Auggie S, Powell C, Zoe K, Olive K, Josie B, Crosby G, Niko K, Stella P, Jojo B, Caleb Q, Monte G, Juno A, Louie H, Ellie L, Georgia D, Xavier W, Flora D, Jana S, Owen S, Clara M, Brody M, Grace L, Violet W, Roslynn B, Aaliyah A, Locke M, Ares A, Kian F, Sawyer D, Selena A, Nico H, Henry H, Kaden M, Taylor D, Howie D, Lettie B, Atticus S, Carson F, Octavia F, Jackson L, Bea D, Charlie M, McKinley M, Cece B, Xander C, Kailyn S, Masella A, Cooper F, Claire P, Levi N, Nellie W, Luke S, London S, Bryce F, Landon K, Lukas R, Alice Z, Coraline M, Alex G, Lennon K, Sierra K, Siona C, Bryce K, Torin F, Owen H, Raelyn C, Oliver S, Clara T, Colin V, Ellie F, Grant W, Alma A, Enrik M, Violet W, Remy W, Zoe S, Theo H, Frankie C, Maisie S, JJ G, Jill B, Arlo R, Hudson D, Zoe T, Jack K, Owen F, Jaxon S, Kaia B, Harrison W, Hux L, Beck C, Wesley G, Claire B, AJ A, Abby R, Eliana M, Willa K, Alex B, Olivia V, Brigitte B, Simon F, Tate L, Wesley S, Jackson W, Jackson A, Bea H, Faith S, Samantha A, Tyler H, Jadon H, Mickey W, Ada N, Landon I, Wes C, Wyatt L, Emeri E, Judah P, Caoimhe S, Louie D, Zeta G, Bridget D, Henry B, Annika F, Mona S, Rosemary M, Zoli S, Warren S, Addie S, Frances A, Zach L, Logan L, Finley S, Briana S, Evi G, James G,

Please don't hesitate to call the office with any questions 303.982.5875 or go onto our website <http://mitchell.jeffcopublicschools.org> for up to date school information.

MITCHELL ELEMENTARY SCHOOL PRESENTS AN EXCEPTIONAL WORKSHOP WITH FEATHER BERKOWER, LCSW

Parenting Safe Children



A workshop empowering adults to keep children safe from sexual assault



"Parenting Safe Children is the single most worthwhile parenting class I've ever attended. In fact, going to this workshop was the best thing I have ever done for my children. And, Feather Berkower is amazing!"

Michele Leifer, Parent

Parenting Safe Children focuses on educating adults how to keep children from sexual assault, taking the burden off of children to have to protect themselves.

Ideal workshop for parents, relatives, teachers, therapists...anyone who cares about children!

**Please join us for an inspiring workshop on Preventing Child Sexual Assault . . .
One Community at a Time**

This is a must-attend workshop for people with children of all ages!

You will learn:

- What makes children vulnerable to sexual assault?
- Body-safety rules you can teach your children to keep them safe.
- How you can talk about your child's body safety with teachers, coaches, nannies, family members, faith leaders and other parents.

Workshop Topics

Consent • Playing "what if" games with children • Building a Prevention Team™ of caregivers • Tips for interviewing childcare providers • Body-safety rules for children • Secrets • Age-appropriate sexual behavior vs. problematic sexual behavior in children • "Teachable Moments" • Teaching manners while also teaching kids to say "NO" if they are un-safe • Answering kids sexual questions • Talking about pornography with kids

Feather Berkower is a licensed clinical social worker and holds a Masters of Social Welfare from the University of California, Berkeley. She has been a leader in child sexual assault prevention since 1985 and educated over 150,000 schoolchildren, parents and professionals. She is available to present Parenting Safe Children in your school, community or business.

PART 1 – SATURDAY NOVEMBER 4, 2023

9:00 a.m. – 11:30 a.m. MST

PART 2- SATURDAY NOVEMBER 11, 2023

9:00 a.m. – 11:30 a.m. MST

Link provided upon registration

COST & REGISTRATION:

\$32.64 per person generously subsidized by Mitchell Elementary PTA - register at



**Must pay in advance to reserve your space.*

**Registration payment is non-refundable & non-transferable to other PSC dates.*

**Each person attending, including couples, must register with payment in advance.*

Contact: Sarah Barkley – 303-957-7221
sarahmbarkley@gmail.com

For more information visit www.parentingsafechildren.com