



Friday Note

MISSION STATEMENT:
THE MITCHELL ELEMENTARY SCHOOL COMMUNITY PROVIDES AN ENVIRONMENT IN WHICH ALL CHILDREN WILL LEARN AND SUCCEED

<http://mitchell.jeffcopublicschools.org>



@Golden_Mustangs

The Mitchell Friday Note is an important place to be sure you have the current information about what's happening in our school.

With Appreciation

Thank you everyone for your understanding with our HVAC/AC repair and being flexible with our Head Day today! We will continue to partner with our district colleagues in Operations, Facilities, and Cabinet and Superintendent's office to provide updates and focus on fixing our system.



Academic Recognition

We are happy to share that Mitchell has received the John Irwin School of Excellence award from the Colorado Department of Education. This recognition is given to schools who show excellence in both academic achievement and academic growth on state assessments. Mitchell was also ranked 27th in the state in a recent Guardian report of over 1,300 schools. Kudos to all of our Mustangs for outstanding efforts and accomplishment!

Golden Gallop Spirit Days

Mustangs who have a Golden Gallop shirt from past races can show their community spirit by wearing their shirt on **Friday, September 15th** in preparation for the race on Sunday.

Monday, September 17th Mustangs who can wear this year's shirt to school after running the race. This year's race can be run virtually or in-person to allow for lots of participation. Click on [this link for an informational and race sign up](#).



STUDENT INSIGHTS

Introducing Student Insights

Student Insights makes it easy to access information about each student's district and state tests and their individual learning plan goals. It is a helpful way to check in on learning progress, review academic goals, and identify issues to talk about with teachers.

Student Insights is confidential and may only be accessed by Jeffco students and their parents or guardians using the log-in name and password you use for other district tools, such as Infinite Campus.

You can learn more by watching [this short video](#), reading the [Frequently Asked Questions](#), or by talking with your student's teacher or the school principal. Please check out this new resource and let us know what you think!

Join the Mitchell Team

If you've thought about working at Mitchell as a paraprofessional, we would love to have you apply. We currently have 2 positions that are ideal for mirroring your Mitchell student's schedule and offer rewarding relationships with students and colleagues. If you are interested or know of someone who might be, please reach out to Ms. Yergert in the main office.

News from the Health Room

Families, please take a moment to read the [reminders and FAQs](#) about lice that is shared annually from our district nurses.



City Traffic Safety Improvements for Mitchell

Last spring members of our community partnered with the City of Golden to provide input on Safe Routes to School. Our school also participated in a site walk assessment during arrival to school. That work will lead to some additional improvements sometime later this fall. **Rectangular Rapid Flashing Beacons (RRFBs):** These will be installed at two crossings: Iowa and Rubey and Washington and 2nd. Both locations already have raised crosswalks. RRFBs are button-activated flashing yellow warning lights that alert drivers of pedestrians both preparing to cross and in the crosswalk.



Arrival & Dismissal

Please remember the back of our school is also a drop-off and pick-up zone. Families can pull over and/or into the several spots along Cheyenne Street. We encourage folks to have students exit on the **left** of the car and adults to stay in the car as this is a public street and we want everyone to safely arrive each day.

PTA Corner



Mitchell Elementary
ELF
2023 - 2024
ADAPTATIONS



Are you looking for an in-class volunteer opportunity with your kids?

ELF (Environmental Learning for the Future) is a completely volunteer-run, supplemental, hands-on science program. Each classroom has 5 two-hour sessions throughout the year and each session

consists of 4-5 interactive centers. That's where you come in! Parents run the interactive centers with small groups of students who rotate through the centers. You don't need to commit to every session; even if you can only make one, your time is much appreciated! Time commitment includes the 2-hour session and about 30 minutes of prep-time per session as you read over the center outline and watch short training videos. Parents, students, and teachers all love ELF!

If you are interested in being involved with ELF, **please click the link below to sign up!**

Thanks! <https://forms.gle/htUXNYyZ06EkaZLB>

Mitchell Mileage Club is a free, optional fitness activity for students in grades 1-5. We will meet six times in September, weather permitting, at the following times:

First Grade: 11:15 - 11:38

Second Grade: 12:22 - 12:45

Third Grade: 12:00 - 12:23

Fourth Grade: 1:07 - 1:30

Fifth Grade: 12:45 - 1:08

We will run, walk, or skip around a course on the upper playing field. Students earn footprint charms for a keychain to celebrate their effort and accomplishments. It is the perfect way to prepare for The Golden Gallop on September 17th. The more Mitchell participants, the better!

WE NEED PARENT VOLUNTEERS! This is a fun volunteer job! It's about 25 minutes and is outside during recess time. Parent volunteers set up the course with cones, help the students find their cards for tracking laps, help the students track their laps, and of course, cheer them on! Please sign up for a shift using the Sign Up Genius link.

<https://www.signupgenius.com/go/30E0D49A8A62AA5F85-mitchell1>

For more information, please contact Emily Tuleja at tulejaeh@gmail.com

Important Dates



September 4th	No School- Labor Day
September 5th	School Picture Day
September 13th	Back Together Movie Night 5:00PM
September 21st	Math & Science Night 5:30 PM

Celebrate our Rocking Mustangs and Recess ROCKStars

Scarlett W, Annika M, Nellie W, Torin F, Flora D, Cece B, Ali C, India C, Scarlett F, Remi W, Wesley G, Evi G, JJ G, Octavia F, Juno A, Sophia S, Jackson L, Caoimhe S, Hunter W, Leeda E, Alice Z, Tatum B, Gordon K, Everley R, Jordan S, Craig P, Henry H, Ms. Corcilius' Class, Victoria V, Loral H, Valentina T, Ellie F, Nico H, Stella P, Juniper K, Ada N, Harry S, Samantha A, Marly L, Kian F, Simon F, Hudson D, Taylor D, Dylan H, Powell C, Nathan H, Raelyn C, Luka A, Amelia H, Milena S, Crosby G, Joe G, Addie S, Graham W, Kian A, Charlie M, Owen H, Jacob L,

Please don't hesitate to call the office with any questions 303.982.5875 or go onto our website <http://mitchell.jeffcopublicschools.org> for up to date school information.

MITCHELL ELEMENTARY SCHOOL PRESENTS AN EXCEPTIONAL WORKSHOP WITH FEATHER BERKOWER, LCSW

Parenting Safe Children



A workshop empowering adults to keep children safe from sexual assault



"Parenting Safe Children is the single most worthwhile parenting class I've ever attended. In fact, going to this workshop was the best thing I have ever done for my children. And, Feather Berkower is amazing!"

Michele Leifer, Parent

Parenting Safe Children focuses on educating adults how to keep children from sexual assault, taking the burden off of children to have to protect themselves.

Ideal workshop for parents, relatives, teachers, therapists...anyone who cares about children!

Please join us for an inspiring workshop on Preventing Child Sexual Assault . . . One Community at a Time

This is a must-attend workshop for people with children of all ages!

You will learn:

- What makes children vulnerable to sexual assault?
- Body-safety rules you can teach your children to keep them safe.
- How you can talk about your child's body safety with teachers, coaches, nannies, family members, faith leaders and other parents.

Workshop Topics

Consent • Playing "what if" games with children • Building a Prevention Team™ of caregivers • Tips for interviewing childcare providers • Body-safety rules for children • Secrets • Age-appropriate sexual behavior vs. problematic sexual behavior in children • "Teachable Moments" • Teaching manners while also teaching kids to say "NO" if they are un-safe • Answering kids sexual questions • Talking about pornography with kids

PART 1 – SATURDAY NOVEMBER 4, 2023

9:00 a.m. – 11:30 a.m. MST

PART 2- SATURDAY NOVEMBER 11, 2023

9:00 a.m. – 11:30 a.m. MST

Link provided upon registration

COST & REGISTRATION:

\$32.64 per person generously subsidized by Mitchell Elementary PTA - register at



**Must pay in advance to reserve your space.*

**Registration payment is non-refundable & non-transferable to other PSC dates.*

**Each person attending, including couples, must register with payment in advance.*

Contact: Sarah Barkley – 303-957-7221
sarahmbarkley@gmail.com

Feather Berkower is a licensed clinical social worker and holds a Masters of Social Welfare from the University of California, Berkeley. She has been a leader in child sexual assault prevention since 1985 and educated over 150,000 schoolchildren, parents and professionals. She is available to present Parenting Safe Children in your school, community or business.

For more information visit www.parentingsafechildren.com