



Friday Note

MISSION STATEMENT:
THE MITCHELL ELEMENTARY SCHOOL COMMUNITY PROVIDES AN ENVIRONMENT IN WHICH ALL CHILDREN WILL LEARN AND SUCCEED

<http://mitchell.jeffcopublicschools.org>



@Golden_Mustangs

The Mitchell Friday Note is an important place to be sure you have the current information about what's happening in our school.

From the Health Room



A big THANK YOU to all of our parent volunteers who helped make our Hearing and Vision Screening go smoothly. Anne Cheek, Elanor Sidman, Anne Harvey and Adam Williams were troopers on a very hot day! Shout out to PTA President Meghan Eddy who put out the call for volunteers. Thank you to those who offered to help after our positions were full (I will keep you in mind for next time!). We love our Mitchell community! Deb Romig, Health Aide

A Message about the Golden Gallop

The Golden Gallop has been a beloved race by many of our Mitchell families. Hosted by the Golden Schools Foundation to support schools within the Golden Area. Mitchell would



love to have the participation trophy return to our school this year. The Golden Schools Foundation supports Mitchell in many ways including art partnerships, additional curriculum resources, and technology support. This year's race can be run virtually or in-person to allow for lots of participation. Click on [this link for an informational and race sign up](#).

STUDENT INSIGHTS



Introducing Student Insights

Student Insights makes it easy to access information about each student's district and state tests and their individual learning plan goals. It is a helpful way to check in on

learning progress, review academic goals, and identify issues to talk about with teachers.

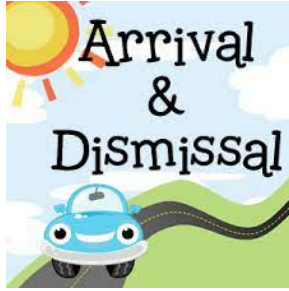
Student Insights is confidential and may only be accessed by Jeffco students and their parents or guardians using the log-in name and password you use for other district tools, such as Infinite Campus.

You can learn more by watching [this short video](#), reading the [Frequently Asked Questions](#), or by talking with your student's teacher or the school principal. Please check out this new resource and let us know what you think!

Curriculum Night

Join us for our annual curriculum night on August 30th from 6:00-7:00 pm. We will send out our school-wide video on Monday to view at your convenience. Teachers will also host two in-person sessions for adults to engage between 6:00-6:25 and 6:30-7:00 pm. Looking forward to seeing you there!





Arrival & Dismissal

Please remember the back of our school is also a drop-off and pick-up zone. Families can pull over and/or into the several spots along Cheyenne Street. We encourage folks to have students exit on the **left** of the car and adults to stay in the car as this is a public street and we want everyone to safely arrive each day.

Crossing Guard Volunteers

If you would like to sign up to help be a crossing guard for either the front or back of the school, please sign up on our school website for one or more days. The time commitment is roughly 30 minutes each day you sign up.

[Rubey Dr.](#)

[Cheyenne St.](#)



PTA Corner

Load the Lounge is back! This year we are gathering donations for the staff lounge by grade level. First up to load the lounge for our wonderful staff are **FIFTH GRADE FAMILIES!** Please sign up at this [link](#) (including a new venmo option where we do the shopping and drop off!) and drop off your donation between 8:20-8:45 on August 29th or 30th at the front of the school where a volunteer will collect your donation and bring it to the staff lounge. Thank you for supporting our wonderful teachers and staff!

Back Together! Mitchell Movie and Dance Party

Mitchell's Big Front Lawn

Wednesday, September 13th; 5-8pm

** 5pm: DJ dance party

** 6:30pm: Movie (showing Luca, a 2021 Pixar movie)

Hosted by the Mitchell PTA and its Equity, Diversity and Inclusion Committee this is a chance to reconnect with old friends and make new ones, too! Food trucks from Moontime Crepes and Super Smash Burger will be on-site, or bring your own picnic dinner to enjoy - plus we'll have classic movie concessions for sale! See you there!

To be a volunteer at this great event [sign up here](#).

Equity, Diversity, and Inclusion Committee

August 31, 2023; 9:00am

Go to: <https://zoom.us/join>

Enter Meeting ID: 733 539 1163

Enter Passcode: 785283

** New members are welcome, please join us to discuss plans for the coming year! [See agenda here.](#) **

Mitchell's School Directory through Directory Spot

The school does not distribute class lists, however the PTA sponsors a school-wide directory and app. If you haven't already joined the PTA family directory in previous years, please use this [link](#) to provide your information and receive access (may take 1-2 days to receive the emailed invitation). Once you receive the emailed invitation, you can access the directory through your browser or by downloading the DirectorySpot app.

If you are already a part of the directory, please log-in through a browser and update your child/children's grade and teacher. [Here](#) is the directory spot log-in page (also where you reset passwords).

Any questions can be directed to Allison Ridenour at amridenour@gmail.com



Are you looking for an in-class volunteer opportunity with your kids?

ELF (Environmental Learning for the Future) is a completely volunteer-run, supplemental, hands-on science program. Each classroom has 5 two-hour sessions throughout the year and each session

consists of 4-5 interactive centers. That's where you come in! Parents run the interactive centers with small groups of students who rotate through the centers. You don't need to commit to every session; even if you can only make one, your time is much appreciated! Time commitment includes the 2-hour session and about 30 minutes of prep-time per session as you read over the center outline and watch short training videos. Parents, students, and teachers all love ELF!

If you are interested in being involved with ELF, **please click the link below to sign up!**

Thanks! <https://forms.gle/htUXNYyZ06EkaZLBA>

Looking for Recess Garden Club Volunteers!

Come hang out with the kiddos at Recess Garden Club--water the pumpkins, pull weeds, and play in the dirt every Monday, Wednesday, and Friday. We split recess time into two slots of 1.5 hours each: The first slot, from 11am to 12:30pm, covers the recess times for 1st graders, kindergarteners, and 3rd graders. The second slot, from 12:15pm to 1:45pm, covers the recess times for 2nd graders, 5th graders, and 4th graders.

<https://www.signupgenius.com/go/4090F44ABAB2EA6FA7-mitchell>

A member of our volunteer garden team will either be there to help facilitate or will send directions to you on the Sunday before your shift, so first timers are always welcome! Please email Alexa at mitchellptagarden@gmail.com with any questions, and thanks for volunteering!

Mitchell Mileage Club is a free, optional fitness activity for students in grades 1-5. We will meet six times in September, weather permitting, at the following times:

First Grade: 11:15 - 11:38

Second Grade: 12:22 - 12:45

Third Grade: 12:00 - 12:23

Fourth Grade: 1:07 - 1:30

Fifth Grade: 12:45 - 1:08

We will run, walk, or skip around a course on the upper playing field. Students earn footprint charms for a keychain to celebrate their effort and accomplishments. It is the perfect way to prepare for The Golden Gallop on September 17th. The more Mitchell participants, the better!

WE NEED PARENT VOLUNTEERS! This is a fun volunteer job! It's about 25 minutes and is outside during recess time. Parent volunteers set up the course with cones, help the students find their cards for tracking laps, help the students track their laps, and of course, cheer them on! Please sign up for a shift using the Sign Up Genius link.

<https://www.signupgenius.com/go/30E0D49A8A62AA5F85-mitchell1>

For more information, please contact Emily Tuleja at tulejaeh@gmail.com

Important Dates



August 28th	Modified Contact Day
August 30th	Curriculum Night 6:00-7:00 PM
September 4th	No School- Labor Day
September 5th	School Picture Day

Celebrate our Rocking Mustangs and Recess ROCKStars

Riya H, Jackson M, Wesley G, Laurence C, Oscar Q, Sofia D, Claire B, Mason N, Lukas R, Oliver C, Warren S, Selena A, Preston N, Kade M, Howie D, Marte H, Taylor D, Addie S, Juniper K, Sydney W, Cate P, Ethan G, Asher W, Norah R, Eloise N, Nellie W, Torin F, Roslynn B, Calvin S, Luke K, Connor C, Annaliese R, Wyatt H, Owen H, Bodhi N, Thomas T, Jillian V, Josie H, Mona S, Zeta G, Nolan C, Gus H, Zoe S, Tatum B, Niko K, Magnolia B, Annika M, Locke M, Ben R, Cora M, Eleanor D, Jojo B, Lars C, Ellie D, Alice P, India C, Damien G, Claire P, Kai H, Nik T, Powell C, Beck C, Charlotte W, Hux L, Nora N, Marly L, Grant W, Gray L, Escher L, Kian F, Jackson P, Ellis M, Ethan B, Charles C, Bea D, Henry E, Isabella F, Cole L, Piper G, Samuel H, Greyson L, Kailyn S, Musette G, Landon B, Caoimhe S, Catalina T, Logan H, Stella P, Ada N, Cassidy M, Lena C, Blake F, Violet W, Ethan P, Mia H, Louie D, Molly T, Avani C, Oliver E, Everett R, Emma J, Ellie F, Braden Z, Sammy W, Maddie W, Octavia F, James G, Zoey S, Landon K, Lennon K, Chase U, Alden L, Hudson D, Joe G, Evvie K, Craig P, Russell A, Maya O, Owen G, Gavin S, Ben J, Althea D, Boston H, Scarlett W, Owen E, Frankie C, Alex K, Ellyson W, Weston C, Jack B, Emma L, Samantha A, Bob H, Fox C, Bridgett B, Alyssa S, Thomas C, Evi G, Jack K, Wyatt L, Isla B, Weston P, Milena S, Eleanor T, Brody K, Alp E, Huck G, Jackson A, Caleb H, Cora C, Greta G, Jillian F, Parker K, Ben F, Everley R, Monte G, Judah P, Melissa F, Willow D, Henry B, Henry D, Adelaide J, Tanner D, Braeden K, Kira H, Georgia D, Masella A, Caydee W, Kaia B, Avery A, Rhys A, Benny G, Luna P, Sadie M, Olivia B, Siona C, Colin S, Anton K, Grant C, Bryce F, Henry K, Bea H, Jordan S, Carson F, Clara M, Alice Z, Lena W, Hannah D, Finley S, Logan L, Crosby G, Naiya B, Kyle V, Bryce K,

Please don't hesitate to call the office with any questions 303.982.5875 or go onto our website <http://mitchell.jeffcopublicschools.org> for up to date school information.

MITCHELL ELEMENTARY SCHOOL PRESENTS AN EXCEPTIONAL WORKSHOP WITH FEATHER BERKOWER, LCSW

Parenting Safe Children



A workshop empowering adults to keep children safe from sexual assault



"Parenting Safe Children is the single most worthwhile parenting class I've ever attended. In fact, going to this workshop was the best thing I have ever done for my children. And, Feather Berkower is amazing!"

Michele Leifer, Parent

Parenting Safe Children focuses on educating adults how to keep children from sexual assault, taking the burden off of children to have to protect themselves.

Ideal workshop for parents, relatives, teachers, therapists...anyone who cares about children!

Please join us for an inspiring workshop on Preventing Child Sexual Assault . . . One Community at a Time

This is a must-attend workshop for people with children of all ages!

You will learn:

- What makes children vulnerable to sexual assault?
- Body-safety rules you can teach your children to keep them safe.
- How you can talk about your child's body safety with teachers, coaches, nannies, family members, faith leaders and other parents.

Workshop Topics

Consent • Playing "what if" games with children • Building a Prevention Team™ of caregivers • Tips for interviewing childcare providers • Body-safety rules for children • Secrets • Age-appropriate sexual behavior vs. problematic sexual behavior in children • "Teachable Moments" • Teaching manners while also teaching kids to say "NO" if they are un-safe • Answering kids sexual questions • Talking about pornography with kids

PART 1 – SATURDAY NOVEMBER 4, 2023

9:00 a.m. – 11:30 a.m. MST

PART 2- SATURDAY NOVEMBER 11, 2023

9:00 a.m. – 11:30 a.m. MST

Link provided upon registration

COST & REGISTRATION:

\$32.64 per person generously subsidized by Mitchell Elementary PTA - register at



**Must pay in advance to reserve your space.*

**Registration payment is non-refundable & non-transferable to other PSC dates.*

**Each person attending, including couples, must register with payment in advance.*

Contact: Sarah Barkley – 303-957-7221
sarahmbarkley@gmail.com

Feather Berkower is a licensed clinical social worker and holds a Masters of Social Welfare from the University of California, Berkeley. She has been a leader in child sexual assault prevention since 1985 and educated over 150,000 schoolchildren, parents and professionals. She is available to present Parenting Safe Children in your school, community or business.

For more information visit www.parentingsafechildren.com